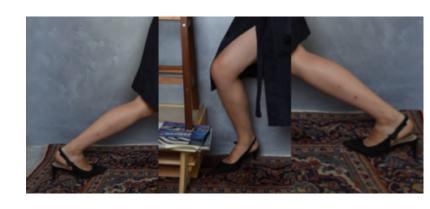
"If you bring forth what is within you, what you bring forth will save you. If you don't bring forth what is within you, what you don't bring forth will destroy you."

—Gospel of Thomas: 70.



ITTLES IN PINK QUOTES
IN GREEN PROSE IN
PURPLE PHOTOS IN BLUE
LYRICS IN RED THE REST
IN BLA! BLA! BLACK.

INVITEJXAN

Ideally you read this
on a warm sunny day.

If it's warm squeeze some oranges/lemons
so you have something to sip on
If it's not,
make some tea.

(not coffee)

Now, go on youtube write **30min Loop of Bach's "Air on the G String"** Put the sound on 20%.

breathe in

breathe out

come in!

DEDIKEJXAN

I dedicate this work to my classmate Josefine Aavild Rahn.

Josefine kissed me intensely during a group improvisation exercise as part of the audition to get into the Mime School. We were not asked to kiss each other. . .I thought I'd point that out.

We were asked to interact with the rest of the group during an improvisation!

Well, this is what Josefine Aavild Rahn understood with interaction:

Kissing, opening up, turning on, playing, touching, looking, smiling,

seducing, trying, crying, moving towards, moving away, skin

To my 22-year old, morally-closeted, drenched-in-catholic-teachings-self this was absolutely uncalled for!

I had no idea who she was and neither did she.
Slowly she moved on to kissing almost all of us.
Some accepted to be kissed and others refused this invitation.

From a serious final audition this turned into a beautiful game. People attempting to kiss each other in different ways to the laughter and enjoyment of whoever was watching us.

What a fun playground she created!

When we finished the audition, to absolve myself of this sinful encounter and any pleasure I might have experienced, I called my boyfriend, at the time.

I thought this behaviour should be reported IMMEDIATELY!
I informed him of what had happened adding:
I hope the blonde Danish girl in a dark blue turtle neck does not get in!

Thankfully for me and the rest of the mime, she did! 4 years later, I am still a bit intimidated by her daring openness.

It's a mirror held up to my sometimes closed physicality or fear of too much pleasure.

Pleasure? What is that? Why are we moving our hips so much?!

Mostly however,
I am allured by her beauty, softness and natural tendency towards mischief.

For a variety of reasons she will not graduate with our year, but she will be with us in spirit.

Love, this is for you.

I think it's apt to dedicate this to you as my intention is to enjoy writing, recollecting and splashing pleasure over these pages.

Thank you for being yourself Jo!

Just by doing that you are lubricating me and those around
you into the pure joy of being alove.

(that was a typo but I'll leave it like that)

Fig.1

This figure demonstrates Josefine in an open-air hot tub in 2019 pressing her bare chest against glass.

It was my first time in a sauna with both male and female counterparts.

Josefine thought that I should join.



KATEGORAJSEJXAN

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This work is not sorted by themes, year or topic.
```

It's a cocktail.

WHY WRITE A BIBLE?

Why not!

It's nice to have my own bible to refer to instead of one written by someone else for me.

This work,
like the bible,
is a collection of stories, songs, letters,
poetry, prose, prophecies
that are all linked by the belief that they are
revelations of God.

Thankfully for me,
I do not believe in God
as a man with a white beard anymore.
But I am still in conversation with
God,
the Divine,
The Universe
Mother Earth
whatever you want to call it.

I think A LOT
about what god is,
how god is,
where he/she/it/they/them
is or are
and how we are in
communication with that.

I've met God often in these four years studying Mime in a variety of ways.

4 years of a lot of

pain, pleasure, bodies, movement, shaking on Aleksej's shoulder during acrobatics, splashing paint with Tom, life, death, uncertainty, anger, emptiness, laughter, parties, massaging bodies and souls, questioning, searching, playing, playing again, playing again in the same way but differently, singing, improvising, sweating,

masturbating, incubating, curating, meditating, writing, writhing,

charging with life, and then collapsing, sising, simmering, bubbling, smelling, tasting, Travvvvveling!

OH. YES.

Travelling back and forth, back and forth. back and forth! Malta -> Amsterdam. Amsterdam - > Malta. Here, there. And there and here! In two places at the same time... or three! In the air, the sky, the clouds! And where is home and what is home? And who was I there? What am I becoming? Why did I leave? I should have never left! FUCK.

I miss Malta.

YES I DO!

NO! THAAAAAAAANK GOD I LEFT.

I'll never go there again. the Maltese are crazy and suppressed and closed and...

What the fuck do I want?

I miss my family.

I miss my friends
there's no sense of community here in Amsterdam
people don't care...

everyone is so individualistic. It's cold. I don't want to go out!

I want to go to the beach
APEROL SPRITZ
I want Kinnie. Twistees and ġbejna!

I am tired of my family.
I am tired of my friends.
I'll go back to Amsterdam.
I'll stay there.
People are open-minded mind-their own business train is on time oh but now it's raining.

It's grey.
It's still grey.
Wow, it's really grey here.

But there are trees! A LOT OF THEM.

THIS IS THE FINAL CALL FOR RUTH BORG
Ruth you are changing a lot, says a friend.
Yes, i'm scared.
Don't be scared.

GOOD GOD!

I am so happy I am learning all this!

I am so fucking grateful I made this step to come here
Wow, I can do this!
I can move like this!
I can move my body like this!
Oh and this is allowed!
Is this also allowed back home?
Ruth just go, don't think too much.

YESSSS

YESSSS

Shake your hips.

Now, find the middle, asks a teacher.

Stand in ZERO!

Stand in neutral.

Is that your ZERO?

Ok let's start again!

Father asks:

Ruth are you smoking weed in Amsterdam?

Yes.

What does that feel like?

Pretty nice!

Mum asks:

Do you smoke a lot?

No mum. And when you come here you will both have to try it!

No.

YES!!!

FORGET IT!

YES!!

WOW.

4 years of this.

Of in-betweenness, not-knowing, naked bodies, loneliness, conversations, existentialism, attempting, engaging,

disengaging,

hey ruth how are you?

injuries,

break-ups,

that of my own,

that of my parents,

falling in love again,

with myself,

my partner,

oysters,

champagne.

art, life, love,

my room

first dull, grey,

now more colourful, and feminine and homy.

This was all part of the mime journey.

It happened in the school, outside of the school.

in alleys,

at night

or during the day.

I refer to it all as *the mime journey* as this was the reason why I came here.

I came here to this school to learn my craft not knowing I was coming to the school of life.

Haha

With the mime came 4 years of dutch too! JAAAA! ZEKER NATUURLIJK!

MAAR WAT IS PRECIES DE MIME OPLEIDING DAN? heel mooi, gezellig, knuffel, biertje, dagje, grapje, ongelooflijk, even normaal doen, dat was niet de bedoeling, genieten van, JA! DAAR!, licht, kort en krachtig. Blijf zoeken, blijf spelen, blijf ademen, je hoeft niet te begrijpen, gewoon doen, wij gaan beginnen jongens, ok even koffiepauze, nog een kier, wie heeft de evaluaties gestuurd?

I try to capture this journey of mine mostly through the lens of pleasure. It's not coherent, there is no story, no plot. Here I capture a tangled, inconsistent representation of the ongoing moments I was part of. They were exquisite and challenging and juicy. Does that make sense?

This is the most important lesson I learnt at the mime. That pleasure is a big abundant teacher. I grew up in a culture where suffering and pain due to our big catholic background is idolised as the true teacher. So when I was not suffering or in pain or sweating I discounted everything. I even thought that anything other than pain was not quite real.

Here I learnt that pleasure is also a big teacher. Along with pleasure's best friends like the senses, playing, the body etc... I learnt that actually even in pain there can be pleasure. And now I am not talking about this in the sexual sense (only) but I also mean that there can also be pleasure and beauty in seeing your parents break up after a 40 years of marriage. That there can also be pleasure in moving even if you feel completely out of your body and fat and heavy.

That there can also be enjoyment as you caress the hand of your dying mother-in law in hospital.

There is also light to be found in the darkest of places.

So yes, here I go!
I call this a bible
as
I shall turn to it,
as believers turn to the bible,
when they are lost and need a reminder of what it is
they believe in.

To remember what is important for me, how that moves me and why it matters to me.

I'll turn to this when I need.

A GUIDE BACK TO SALVEJXAN.



Fig.2 Salvation can look something like this.

This figure depicts the appearance of our alter egos in class as provoked by the incredible Willemijn Zevenhuijzen.

"Show up, and work with the energy you have today"

-Fabian Santarciel de la Quintana

mime technique teacher, performer and theatre maker



Fig 3 - This is a dear photo. Here I am posing in an outfit that my mother helped me make. I'm sure she found this on the too-provocative end of the spectrum. I was going to remove the hat to which she greatly disapproved, saying that with the hat on, I looked edgy. And further, that it is unclear if I look like a man or woman.

My mother was born in the sixties. Conservative and catholic Malta. I am not sure from where she got this fire and open mindedness from. The older she gets I see this MUCH clearer.

"KEEP YOUR SHAME FOR LATER"

—Christina Flick performer and theatre director



Fig 4 - This is our beautiful class in first year dripping in sweet sweat after *Prelud*e directed by Fabian.

Deerde Kier Deerde kier was in de keuken. Neuken in de Keuken. Dat heb ik ook uch Tom geleerd. Ik must op letten wet ik van hem leer. Ik heb de apdracht met Justin geprobeerd andat it was leg van entwiarme om de opdracht. Ik doe it niet elke dag en ilk well schuldig. Als the we samen doncen met ogen open, terwijl de aubergins in de oven kosket, ik herener me dot hij voelt onrubig als hij Clonot met ogen open. Pree's Orden dan mij. It Voel hoe moelijk het han zijn om near hen en nec mezelef en de ruinte tegorlijkerhijd te hijken en oot mijn lichcom voden. Ik muk, en ik ben blij, dot nodrak to perform wordt minder en minder

Fig 5 - Writing in het nederlands.

Allow.... Allow... Allow...

...and please, touch yourself!

—Marijn de Langen
Theatre history teacher,
mentor for this thesis
and guide from the heavens.



Fig 6- This figure depicts me playing a priest. In the scene he is fantasising about having sex with the virgin mary. This role is being played by my classmate Charlotte Gillain who I was VERY grateful to be with in this performance. I needed some moral support to do this.

As per usual, thank you dear.

Taf li rrid insir parti mill-mewġ,

Jew ċagħqa fuq bajja, ramla waħda fil-plajja.

Ma rridx sehem mill-frott tal-art.

Onfoħli, itfini, ħassarni, insini.

Taf li rrid miegħek immur, miegħek immur, miegħek immur.

Il-ġenna li trid mhux qiegħda 'l bogħod.

Titlaq inti, nitlaq jien, filkas jien noqgħod barra.

Naf, ma tafx, li dis-sena fjakk il-ħsad.

Kienet sena ta' qtigħ il-qalb.

Taf li rrid miegħek immur, miegħek immur.

Mhux ħtija tagħna li qegħdin hawn illum.

- Miegħek Immur by Maltese band Brodu

IT BECAME CLEAR TO ME THAT

There is great value in understanding what drives your work and acts of creative self reflection. However there is equal value in putting an end to theory and to get down to the act of making. Trusting that the work will speak for itself without the need for an outright explanation of its conceptual groundwork.

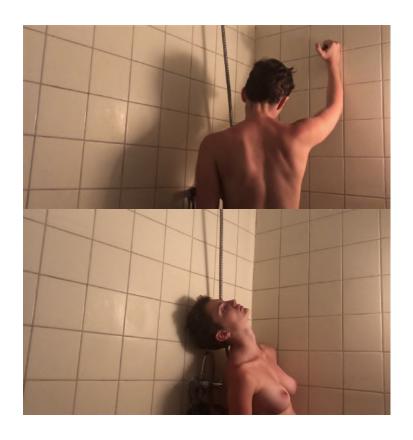


Fig 7 - Screenshots from the live zoom performance with Fleur van den Berg. It was a small solo I called *Ogen Open, Ogen Dicht. (Eyes Open, Eyes Closed)*

My love has got no money, he's got his strong beliefs My love has got no power, he's got his strong beliefs My love has got no fame, he's got his strong beliefs My love has got no money, he's got his strong beliefs Want more and more People just want more and more Freedom and love, what he's looking for Want more and more People just want more and more Freedom and love, what he's looking for Freed from desire, mind and senses purified Freed from desire, mind and senses purified Freed from desire, mind and senses purified Freed from desire Nanananana nana nanana nanana Nanananana nana nanana nana Nanananana nana nanana nanana Nanananana nana nanana nana

-Freed from Desire, GALA



Fig 8-Aleksej sending devoted support to me and Charlotte for our performance with Kostantinos. Thank you Aleksej. Not just for the postcard but for all the mischief. Mainly for reminding me that I do not always need a reason to do things. I can just SPIT FIRE!!

I LIKE THEATRE THAT

KISSES
slaps
is drenched in sweat
is playful and clean
is both fat and lean
I like theatre with bodies
we slide on each other's sweat
first fast then slow
then fast fast slow
slow fast
top go
the middle please
not
high or low

Yes, now the bodies have become playgrounds.



Fig 9 - Decroux Lab with Marjn de Langen and Fleur van den Berg 2020

"So Ruth, I would always advise that you just give the ingredients to the performers. Do not say "make a salad" to them....even though you want a salad. I use this as a metaphor of course.

Give them ingredients for the salad and see what they will do with it. Trust in this. They might make you a salad as you hoped for and you'll be happy. But they might do something else. Something which can make you even happier because you had no idea before that moment that this is what you want.

So please, let go of control, and let them surprise you!"

—Aitana Cordero mentor for Staging Rage

THERE IS A BEAUTY

There is a beauty in telling the truth slant.
There is a beauty in theatricalising things.
There is a beauty in being able to make things more poetic.
There is a beauty in costumes, makeup and heels.
There is beauty in glitter.

Yes, there is a beauty in putting the magnifying glass on things as I like to do, exaggerate them and perform them.

There is a beauty in dancing and moving with things. There is a beauty in imagining alternate realities and universes!

There is beauty in envisaging a new place where we can land together.

There is beauty and there is also freedom.

There is liberation because there is a disengagement from our daily reality.

This is the theatre.
Thank you.

Thank you to the theatre whose treasures and wonders I have only dipped my finger in.

There is beauty in telling things as they are too.

For four years here at the mime I have been exposed to the beauty and magic to be found in the abstraction, that which is unclear to the eye but vibrating in the soul. I have been encouraged to make my own associations.

I am trying to work in between the magic of poetry and abstract and images and also wanting to tell my own story.

Wanting to say things exactly as they happened.

Wanting to say

this is what I saw

this is what excites me

this is exactly what's going on in people's lives at the moment this is what hurt me

this is a flashing image that keeps coming in my mind this is my fantasy.

And there is still a fear in owning that. FULLY.

THE NEW LADY OF SORROWS

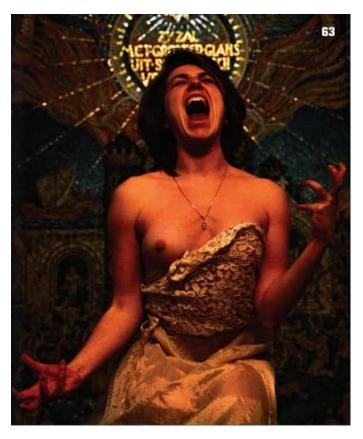


Fig 10- Olga Tsyganova. This woman! She sent this photo over for some assignment she had at school. It reminded me of the virgin mary, but different, and I thought, yes. *YES!!*

FLEUR WRITES BACK

5 May 2020

Ruth, about your question 'why don't I feel more?'

You feel a lot actually! (everything as you say yourself). Not what you think you want to or think you should feel, but you feel a lot a lot. There is judgement or certain expectation of what you're supposed to feel and when you're supposed to feel that.

You disconnect... What is wrong with disconnecting!!!??? What is wrong with disconnecting when it makes you breathe again??? What, for fuck sake, is wrong with disconnecting???

Disconnecting only means you are, in fact, already or just, connected with something else and that something else you are connected with is stronger at that moment... you are fully connected with anger, fear, sadness, what else!!?? So the slow sex has to wait a bit, so what!? Or what if anger fear and sadness are part of sex, what if they belong, cause they belong to you and it is you, he and you, are having sex with...

The shame you feel with the word fantasy and you making people fantasize, I also thought I might have to do with a sexual connotation and a programmed judgement on it... maybe.

My words above are far from right, far from flawless. I hope we will talk further together, cause it feels important and kwetsbaar and not finished and necessary to be talked about and not to be left alone, not to be left unsaid, not to be left unheard and not to be left unfelt.

So I want to ask you to let me know as soon as you are ready to (continue to) talk, you and me.

With love for you Ruth, Fleur.

v

**** *** *** ***** ** *** ***** **** ***** ******* ******* ***** *** ***** ***

"If you fall, take a step, and begin again.

And remember, don't fuck with the spine."

—Jon Silber
Chikung/Qigong Teacher at the mime. Our class was his last year.

THE SHRINE



Fig 12- A shrine I made on October 31st 2020 as an ode to my parent's break-up. Their break up created space, air and more room for love-without-burden. I am grateful for their bravery.

Thank you Ibelisse Guardia Ferragutti for introducing me to the world of ritual, ceremony and communion again. This time, one that feels like me. This shrine was an anchor when I was very lost.

THAT IS NOT TOO PERSONAL

So in the second year we are asked to share our inspiration sources.

All of them!

Share all your inspiration sources was the task.

Ok.

I had many doubts about this as it felt like I was going to share all the gifts I had collected for myself so quickly with everyone. Screenshots from movies, quotes, music (UNDERGROUND MUSIC ESPECIALLY), photographs, paintings etc...

Something I learnt at the mime was that actually your gifts, pleasure and life multiply when shared with others. On the other hand when you live a life of hiding, and keeping for yourself you feel alone and sad and greedy in a corner on your own. As an artist and theatre maker I worked a lot from this closed space before coming to the mime. I thought I should not share my inspiration and definitely not my ideas unless with a select few. My ideas might leak or be taken away so better leave them in my precious cabinet. The only thing I did not know was sometimes things stay in the precious cabinet then for quite....some... time. Because fear and holiness start to form around them like a thick layer of dust which then makes it hard to pick up. Unless you have good cleaning materials.

In sharing these inspiration sources we also had the question What is your main source of inspiration? What is it that feeds you most?

My heart replied immediately but I did not dare to write it down at first

I thought my answer is so NOT contemporary and is definitely TOO personal.

I shared the following from something I wrote when I was still at the University of Malta:

PROSE IN PURPLE (1)

Written in 2018

My home, my parents.

Margaret and Adrian. Both born in 1953.

They are all I write about. I carry them with me wherever I go. I wonder what they are doing when I am not next to them. They are together but lonely but they love each other but they are so hurt by each other. So many paradoxes, opposites, contrasts related to these two individuals. There is a great pain and also excessive beauty related to them. I spent most of my life in the middle of their dichotomy. Wondering who was right in a fight, why my father called my mother a slut and why she called him a cold-hearted asshole. But then also why she laughs so whole-heartedly at his jokes and his terrible skills in knowing the lyrics to songs. Meanwhile he thinks she is a wonder woman who has given him four bright children and who will send her cappuccino back three times if need be unless she gets a piping hot one because she is paying for it. I cannot understand how two people can love each other so much, give their life to each other, their children, their development but also cause each other so much sadness and loneliness as well.

The reason why I find moments touching in music, film or photos or whatever is because it reminds me of my home or my parents.

In **2013** while doing voluntary work with the sisters of Mother Theresa I wrote the following in my diary.

When I'm away, home permeates my deepest thoughts in fleeting spurts; while in Naples, talking to others, in front of a stony sea. Like a kangaroo, I carry home in a little pouch at the front. Wherever I go. I find my home intriguing, painful and beautiful. All at the same time. I feel a constant need to write a story about my home...Some plunge in the reality of their home without ever leaving while others seek to run away from the reality of their home. I choose to lie somewhere in between.

At that moment in my life sharing this was a big deal. I was scared of:

Keep your private life to yourself please. Here we make theatre and art.

There was this HUGE separation between those two and also a sense of YES let's keep those two things separate please. Well, on one hand I feel that this separation is important because if it becomes too private then I also become drenched sometimes in it. Yet there is a big pleasure in being able to work with something that moves me and being able to give it air through theatre.

To play, move and sing with it.

Opening up like this with my classmates has not only become normal but our level of intimacy has increased on such a level that this has also spilled in my/our work.

Nothing is too personal or too private or secret.
YES!
It's more about how, with who and when to share so intimately.



Fig 13- A photoshoot with Maltese friend and photographer Marija Grech. We became friends at 17 I think. Marija with her natural inclination for playfulness, beauty and mischief always eased me into enjoying posing naked and to delight in that fully.

"New movements generate new thoughts"
—Written by Will spoor from the transcript of the <i>moving statics</i> which he made in London in 1969. Will Spoor (1927-2014) was a Dutch mime player who studied with Etienne Decroux in Paris between 1951 and 1956. Spoor was engaged in the development of movement notations for mime players.

Pink, it's my new obsession Pink, it's not even a question Pink on the lips of your lover 'Cause pink is the love you discover Pink as the bing on your cherry Pink, 'cause you are so very Pink, it's the color of passion 'Cause today it just goes with the fashion Pink, it was love at first sight Yeah, pink, when I turn out the light And pink gets me high as a kite And I think everything is going to be alright No matter what we do tonight -Pink, Aerosmith

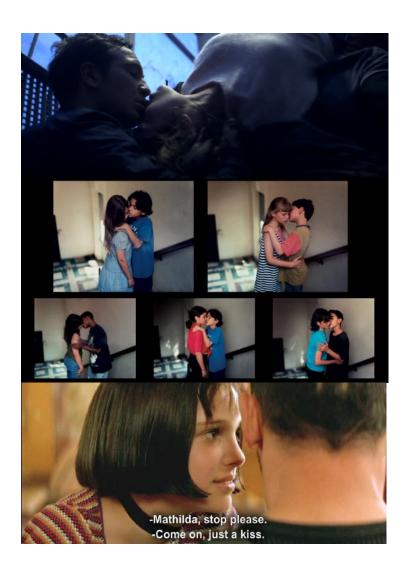
KISS (DON'T OVERDO IT)

"I think because most of us are so repressed, our fantasies go to extremes to counterbalance all that contained longing."

—Pleasure Activism, Adrienne Marie Brown (2019)



favourite films of people kissing.





"What do you want to feel?"

—Charlotte Gillain

Classmate and queen of Love, compassion, fierceness and the feminine.

NOW PLEASE, DROP THE PEN, PAUSE THE ZEN, AND PLAY! YES. CREATE, SKATE, MAKE, STAY UP LATE, DRAW A SHAPE, BE THE SNAKE.

Fig 15- Tom and I in slip (2019). Thank you Tom. Not just for this work but for making me feel at home in the Netherlands.



Dicen que por las noches

Nomás se le iba en puro llorar

Dicen que no dormía

Nomás se le iba en puro tomar

Juran que el mismo cielo

Se estremecía al oír su llanto

Cómo sufría por ella

Que hasta en su muerte la fue llamando

Ay, ay, ay, ay, ay cantaba

Ay, ay, ay, ay, ay gemía

Ay, ay, ay, ay, ay cantaba

De pasión mortal moría

—Cucurrucucú Paloma, Caetano Veloso

DO NOT CANCEL YOUR PREVIOUS FORMS

- VAILLANT

My classmate Gerben is sitting next to me.

We agreed to meet to work on our thesis together.

He has just commented after we had a short discussion that my focus is always on development, improvement and growth and getting better.

"While this is a great quality, don't cancel your previous forms Ruth"

I was shocked with this comment. Mostly because it was true. He invited me to not look back with dismissal and devalue towards the past but rather to with gratitude. As that, whatever it was, brought me here today.

Embrace this too!

Without looking back at it as weird, or amateur, or not real theatre, or childish, boring, black and white, linear, catholic, closed.

Thank you Gerben.



Fig 16 - Malta Theatre Universe

PURPLE PROSE (2)

Written in 2015.

On days like these I look at my mother and father, at the emptiness and disappointment that has filled their marriage for more than thirty years and all of a sudden everything becomes very grotesque.

My mother is in the kitchen. My father on his way downstairs to the garage."You are offended by everything I say these days." my father yells at my mother "I cannot even talk to you anymore!" And with that he slams the door and heads downstairs.

I am in the courtyard outside writing notes on Russian theatre director Yevgeny Vakhtangov for an exam I have tomorrow. My father passes from in front of me on his way down. I do not lift up my head because I cannot meet his eyes. I don't know with which look I should meet him. Working on the play Turandot Yevgeny Vakhtangov defined his concept of Fantastic Realism as follows. My father feels humiliated and sad that my mother doesn't love him in the way he would like her to and that she is always angry at him. As I keep writing notes I hear him. He's on the computer now clicking away on the keyboard. He laughs wholeheartedly. Naturalism and Realism have no place in the theatre. They should be substituted with Fantastic Realism. Since my father

discovered youtube all he does is watch videos all the time. He watches comedians mostly. My mother hates comedians. She feels anxious watching Charlie Chaplin or Mr. Bean and cannot stand the tense situation they always find themselves in. Mother thinks that my father doesn't love her. Late at night on February 23, 1922 Vakhtangov held his last rehearsal. My mother and my father. The two characters who have left me the most perplexed in my life. When I think of them, I think of beautiful moments, I think of long silences, I think of the villages where they come from. When the rehearsal began, Vakhtangov already felt sick. I think of my father crying on one particular night. Then lifting his head, smiling and winking at me. He says: "I'll explain everything when you grow up.."

"WHAT IS THERE TO EXPLAIN?!" my mother yells.

"I WILL EXPLAIN!" he retaliates.

I am now twenty years old and my father has not explained a thing. Yevgeny Vakhtangov was running a temperature, was wearing a fur coat and had a wet towel pressed to his forehead. I often wonder what would happen if my parents broke up. When Yevgeny returned home after the rehearsal was over, he lay down and never got up again.



Fig 17 - First year solo, *Ġina (2018)*, played in Malta.

Fig 18 - A photo of my beautiful father who I have come to touch more because of the mime, especially my classmate Niels. Thank you Niels for our intimate conversations on fathers and children. Hugging my father and touching him and being able to be close to him is an incredible gift to me which I did not always have. At this school I got tools to do this and it's a beautiful work of art, if I

may say so myself.



They walk in the sky
So near and so high
They're stopping for none
And when the day's done
They agree that the sea
Is the best place to be
Wondrously free
They live happily

They know from the past
Life simply doesn't last
So they live for today
For tomorrow they may
Not be able to walk in the skies

Sun slips into horizon
Moon reaches for the stars
Music is the healer
No matter who you are
No matter who you are...

—They Walk in the Sky, Bonobo (ft.Bajka)

PURPLE PROSE (3)

How can I fully enjoy pleasure when I know that my father is alone at home?

How can I fully or slightly allow this caress when I know no one,

at this moment,

is caressing him?

How can I laugh at this table with this glass of wine when I know that he drinks alone?

How can I move when I know he sits often?

How can I turn and spoon my lover when I know that he is in a double bed, alone, wrestling his thoughts in exchange for sleep?

Yes I can.

Yes you can.

Find a way.

Keep finding ways.

And do it.

Fig 19 - Photo by Ryan McGinley who combines two of my favourite things. Fire and water.

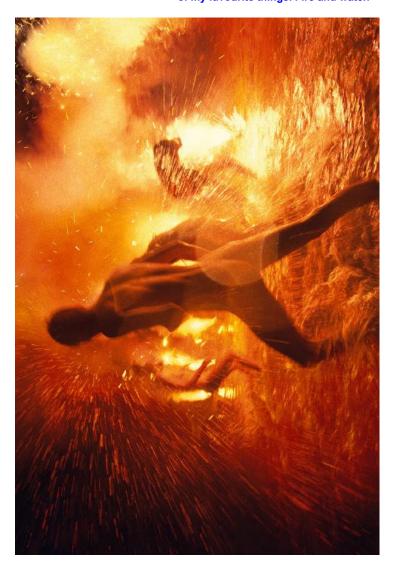




Fig 20 - Prep work for the solo, *The Disappearance Act.*

"Try to stay in the grey, in the silence, in the not knowing a bit longer. In this way instead of the cliche songs your own song can come out."

—Leela May Stockholm

Voice improvisation teacher.

She opened my voice and taught me to hold its hand.

THANK YOU FOR THE MUSIC

Thank you to the whole department teachers, students, incredible fucking classmates, the legend mother of the mime Loes van der Pligt who made history birthing the jewel that is this department. What a woman!

Thank you marijn who lubricated me into saying things I never dared say. To my mentor Fleur van den berg for her compassion. To Suzanne, Daniel and Sarah who I am blessed to share pumpinn blood with! To Marija Gauci and Rebecca Gauci for their endless voice recordings and conversation during these four years. To Rachel Schuit who joined the class later and who blessed us by pulling us out to new spaces in nature. To Laura Boser, Bitha Babazadeh, Florinda Camilleri, Lisa Attard, Esmee Begemann, for their beautiful femininity, grace and strength. To Erik van de Wijdeven who I met in the very beginning of this journey at De Richel and who has now become a dear dear friend. Finally, thank you to Justin Schembri, who saw me crystal clear and embraced me before I could embrace myself. A farewell to his beautiful mother Rosette Schembri who died five weeks ago. May she fly on. She will live with us in sound and colour.

Don't, don't, don't, don't,
Don't, don't, don't, don't,
Don't, don't, don't, don't stop the party.
Don't, don't, don't,
Don't, don't, don't,
Stop, stop, stop,
The, the, the, don't stop the party.
Don't stop the party
Don't, don't, don't, don't,
Don't, don't, don't,
Stop, stop, stop,
The, the, the, the party.

—Don't Stop the Party, Black Eyed Peas

My life, your life
Don't cross them lines
What you like, what I like
Why can't we both be right?
Attacking, defending
Until there's nothing left worth winning
Your pride and my pride
Don't waste my time
I don't wanna fight no more

-Don't Wanna Fight, Alabama Shakes



Fig 21 - Final poto by Charlene Galea who keeps making Malta tremble with her art. Thank you for this photo dear. Featuring Malta, Amsterdam, naked body, pink handcuffs and roller skates which I will be riding one day...soon...I hope!